



WELCOME BACK TO SCHOOL

SEE WHAT'S NEW & FRESH IN THE SCHOOL CAFÉ!

### NEW MENUS & LOCAL PARTNERS!

Our chefs and dietitians have been hard at work testing and developing a fresh, new menu for the upcoming school year that includes a wide variety of healthy and delicious options.

Infusing fresh and local flavors into the school menu is a priority for our chefs, and we are proud to support local farmers and companies, bringing students the freshest of ingredients.



Throughout the year, students will have the opportunity to learn about healthier options through fun and engaging activities that we have planned in the café through our *Simply Good* food and nutrition education program. Look for the *Simply Good* features on the monthly menu, focusing on local, seasonal, farm to school sourcing.



# nutrislice

*Nutrislice* brings the power of the café menu, nutrition and allergen information right to the palm of your hand!

Download the free *Nutrislice* app or click the *Nutrislice* apple on the Food Service page at [Buena.k12.nj.us](http://Buena.k12.nj.us)

### 2017-2018 CAFÉ MEAL PRICES

BREAKFAST all schools	REDUCED \$0.00	PAID \$1.50
ELEMENTARY LUNCH	REDUCED \$0.40	PAID \$3.00
MIDDLE SCHOOL LUNCH	REDUCED \$0.40	PAID \$3.25
HIGH SCHOOL LUNCH	REDUCED \$0.40	PAID \$3.50

*Breakfast* is offered with whole grain, protein, fruit & milk  
*Lunch* is offered with whole grain, protein, fruit, veggie & milk  
Students are encouraged to take ALL components!

### START YOUR DAY OFF RIGHT WITH BREAKFAST!

*Breakfast in the Classroom* takes the traditional breakfast and moves it to the classroom making a healthy start accessible to all of our students. Breakfast in the Classroom is available for students at both Cleary Elementary and Buena Regional Middle School. Students will visit the café for breakfast at Milanesi Elementary, Collings Lakes Elementary, and Buena Regional High School. Remember breakfast is free for both free and reduced students. If you prefer your child to not receive breakfast, please notify their teacher.



## K12PaymentCenter

The Complete Online Payment Solution

A quick and easy payment solution for your student's meals!

**Need help? Please call**

Tommi-Lynn Sawyer  
Food Service Director  
856.697.2400 ext. 8217

### Healthy Snacks Offered Daily!

Baked Lays, Hampton Creek Cookies, Fresh Fruit, 100% Juice, Annie's, Jack & Jill Low Fat Ice Cream

